



Special Grades K-12

Endorsement in Physical Education

[NAC 391.280](#)

To receive an endorsement to teach physical education, a person must:

1. Complete the following required testing (or equivalent testing administered in another state):
 - Praxis Core Academic Skills for Educators
 - Praxis Content Area TestPlease [visit the Praxis testing website](#) for further testing information.
2. Hold a bachelor's degree, and
3. Have completed three (3) semester credits in a course of study regarding parental involvement and family engagement, and
 - A. Have completed an approved program of preparation for teaching physical education in kindergarten through grade 12; or
 - B. Have completed forty-two (42) semester credits which must include course work in each of the following:
 - i. Anatomical Kinesiology or Mechanical Kinesiology, or both
 - ii. The Physiology of Exercise
 - iii. Testing and measuring the skill and ability of a pupil in physical education
 - iv. The psychological or social aspects of physical education, or both
 - v. Motor learning or motor development
 - vi. Adapted physical education
 - vii. Movement activities for pupils in preschool and primary grades
 - viii. Movement activities for pupils in intermediate grades
 - ix. Advanced first aid or an equivalent course of study; and
 - x. Methods and techniques of teaching in each of the following areas:
 - a. Physical fitness
 - b. Team sports
 - c. Rhythms and dance or rhythmic activities for pupils in elementary school; and
 - d. Individual sports; and
 - C. Twenty-two (22) semester credits in professional education to include:
 - i. Foundations of Education
 - ii. Methods of teaching Physical Education in elementary and secondary grades; and
 - iii. Eight semester (8) credits of student teaching in a composite program which must be split between elementary and secondary grade levels. All 8 credits of student teaching could be completed at the middle school or junior high school level (6-8) and meet the K-12 requirement.

NOTE: If your student teaching was at the elementary level only or at the secondary grade level only, you will not qualify for the K-12 PE endorsement; however, you might qualify for the K-8 PE endorsement.